Apply to be a Peer Educator

- Receive training and work with licensed mental health professionals
- Provide psychoeducational outreach services to UCI students
- Gain practical experience valued by many graduate schools
- Qualify for Social Ecology 195 Field Study (Winter or Spring)
- Receive 3 units of academic credit each quarter

For further information, check out the Counseling Center website:
http://www.counseling.uci.edu/peer-programs/peer-educator.html

**Application Submission Instructions:**
Please email your application to: uciccpeerapps@gmail.com
OR submit in person to the Counseling Center at the Counseling Center’ Reception Desk:
SSI, Room 203

**Timeline for the selection process:**
Application Deadline: April 20, 2016 by 5pm.
Recommendation Forms Deadline: April 20, 2016
Group & Individual Interviews: April 30th, 2016
WORKING TITLE
Counseling Center Peer Educator

TIME COMMITMENT
7-10 hrs/week for the 2016-2017 academic year
Some evening/weekend hours

ACADEMIC CREDIT
School of Social Ecology
- 198 Directed Studies (Fall, Winter, Spring) 3 units, Pass/No pass
- 195 Field Study Site (Winter or Spring)

CLASS TIME
Wednesday, 3-5pm

ACADEMIC REQUIREMENTS
Minimum GPA of 2.5

MISSION
As a component of the Counseling Center’s Consultation and Outreach Program, the Peer Educator Program trains undergraduate students to provide psychoeducational (primary prevention) services to the UCI student body.

JOB DESCRIPTION
- Participate in weekly training/supervision sessions
- Collaborate with fellow Peers Educators to create and present interactive psychoeducational workshops to various student groups
- Meet with Counseling Center Staff to better understand Counseling Center services and to gain insight into potential future careers
- Assist staff with primary prevention outreach events
- Market the services of the Counseling Center and the Peer Program through flyerimg, tabling, poster-making, in-class announcements, and other creative outreach methods Raise funds to support the program
- Complete assignments relevant to development as both a Peer Educator and an individual
- Create a special project to improve the program for future Peer Educators.
SKILLS TO BE ACQUIRED

- Understanding the mental health needs of university students
- Workshop design and presentation skills
- Knowledge of primary prevention content areas (e.g. stress reduction)
- Understanding the role of a university counseling center
- Time management skills
- Cultural competency in interaction with a diverse community
- Communication skills and inclusive language
- Ability to recognize signs of distress and make a referral
- Leadership skills and collaboration skills
- Models of college student development

**Listings are not all-inclusive.

NOTE ABOUT APPLICATION: The recommendation forms must be completed by instructors, advisors, or supervisors from your current or previous place of employment. Recommendations from family members, friends, or students cannot be accepted. All recommendations, in order to be accepted, must clearly state the name, position, and school/business of the recommender and be sent directly to Dr. Manese in business envelopes. Recommendations can also be emailed to Dr. Manese at jmanese@uci.edu. Recommendations delivered by the applicant cannot be accepted.
Full Name:______________________________________________________________________________________________

Local Address: Permanent Address:
________________________________________                                            _________________________________
________________________________________
Phone Number: ( ) ___-______ E-Mail: ________________________________________________________________

Educational Background

School/Major:
________________________________________
GPA: ___________ Expected Date of Graduation: ____________

Universities or Colleges Attended:

<table>
<thead>
<tr>
<th>Dates</th>
<th>Major</th>
<th>Degree</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Work History (include paid and unpaid experiences):

<table>
<thead>
<tr>
<th>Employer</th>
<th>Job Description</th>
<th>Dates of Employment</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Optional: Please feel free to attach a resume to the application. However, the entire application must still be completed.
List relevant experiences (E.g. clubs, organizations, internships, volunteer, etc):

____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

List or describe relevant coursework:

____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

Career objective(s):

____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

Please list all your commitments for the 2015-2016 academic year and the time you will need to spend on each per week. Include pending positions that you are applying for. (E.g. work, clubs, internships, etc.):

Activity 1:____________________________________________________________ Hrs:_____

Activity 2:____________________________________________________________ Hrs:_____

Activity 3:___________________________________________ Hrs:_____

Activity 4:____________________________________________________________ Hrs ______
Are you also applying for the Counseling Center’s C.O.A.C.H. Program? If so, please indicate your first choice. (circle one)

Peer Educator Program      C.O.A.C.H.

__________________________________________________________________________________

Have you attended any of our workshops? If so, which workshops?

__________________________________________________________________________________

__________________________________________________________________________________

__________________________________________________________________________________

How did you hear about the Peer Educator Program?

__________________________________________________________________________________

__________________________________________________________________________________

__________________________________________________________________________________

I have completed my application honestly and to the best of my ability.

Signature of Applicant: ____________________________

Date: ____________________________
COUNSELING CENTER PEER EDUCATOR SELF EVALUATION
Application Deadline: April 20, 2016

Name: ____________________________________________

1. Please evaluate yourself on the following characteristics. Keep in mind that
we will be looking for evidence in your application to support your rating.
Questions pertaining to your rating may be asked during the interview process.

<table>
<thead>
<tr>
<th></th>
<th>(needs improvement)</th>
<th>(outstanding)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Organization skills</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Communication skills</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>(public speaking)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ability to work as part of a</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>team</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Initiative</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Follow through</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Leadership skills</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Maturity</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Accepts responsibility</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Uses good judgment</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Creativity</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Time Management Skills</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
</tbody>
</table>
2. Essay Statement: On a separate sheet of paper, please attach a typed essay (1-2 pages) responding to both (a) and (b).

   a. Describe why you want to be in the Counseling Center’s Peer Educator Program.
   b. From the list of characteristics above, state which two (2) qualities you feel are most important to being a Peer Educator and describe prior experiences in which you have demonstrated these characteristics.
The Counseling Center trains a small, select group of students to assist the professional staff in providing psychoeducational (primary prevention) outreach services to UCI students. It is expected that applicants will have an interest in making public presentations and in facilitating small group discussions. Students most likely to experience a sense of achievement in the program are those who manifest strong leadership and social skills, assertiveness, good judgment, creativity, initiative, follow-through, and commitment. Counseling Center Peer Educators receive training in, for example, college student development, communication skills, public speaking, group facilitation skills, workshop planning/delivery and, outreach and consultation skills.

1. Please rate the Peer candidate on the following:

<table>
<thead>
<tr>
<th></th>
<th>(needs improvement)</th>
<th>(outstanding)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Organization skills</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Communication skills</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>(public speaking)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ability to work as part of a team</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Initiative</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Follow through</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Leadership skills</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Maturity</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Accepts responsibility</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Uses good judgment</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Creativity</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
</tbody>
</table>
2. Please describe your working relationship with the candidate:

________________________________________________________________________

________________________________________________________________________

*3. Briefly describe the candidate's strengths:

________________________________________________________________________

________________________________________________________________________

*4. Briefly describe the candidate's area(s) for growth:

________________________________________________________________________

________________________________________________________________________

5. Overall, would you:
   ___ Highly recommend this candidate
   ___ Recommend this candidate
   ___ Recommend this candidate with reservations
   ___ Not recommend this candidate

*If more convenient, please feel free to write your brief responses to questions 3 and 4 on an attached page.

________________________________________________________________________

________________________________________________________________________

Signature of recommender: _______________________ Date: ________________

Name: _______________________________ Title: _____________________________

Place of Employment:

________________________________________________________________________

Email recommendation form to Dr. Manese at jmanese@uci.edu or mail/deliver this form to:

Jeanne Manese, Ph.D.
Counseling Center University of California, Irvine 203
Student Services I
Irvine, CA 92697-2200
The Counseling Center trains a small, select group of students to assist the professional staff in providing psychoeducational (primary prevention) outreach services to UCI students. It is expected that applicants will have an interest in making public presentations and in facilitating small group discussions. Students most likely to experience a sense of achievement in the program are those who manifest strong leadership and social skills, assertiveness, good judgment, creativity, initiative, follow-through, and commitment. Counseling Center Peer Educators receive training in, for example, college student development, communication skills, public speaking, group facilitation skills, workshop planning/delivery and, outreach and consultation skills.

1. Please rate the Peer candidate on the following:

<table>
<thead>
<tr>
<th></th>
<th>needs improvement</th>
<th>outstanding</th>
</tr>
</thead>
<tbody>
<tr>
<td>Organization skills</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Communication skills</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>(public speaking)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ability to work as part</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>of a team</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Initiative</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Follow through</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Leadership skills</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Maturity</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Accepts responsibility</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Uses good judgment</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
<tr>
<td>Creativity</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
</tbody>
</table>
2. Please describe your working relationship with the candidate:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

3. Briefly describe the candidate’s strengths:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

4. Briefly describe the candidate’s area(s) for growth:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

5. Overall, would you:

___ Highly recommend this candidate
___ Recommend this candidate
___ Recommend this candidate with reservations
___ Not recommend this candidate

*If more convenient, please feel free to write your brief responses to questions 3 and 4 on an attached page.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Signature of recommender: _________________________________ Date: __________

Name: ________________________________________________ Title: ________________________________

Place of Employment: ________________________________________________________________

Email recommendation form to Dr. Manese at jmanese@uci.edu or mail/deliver this form to:

Jeanne Manese, Ph.D.
Counseling Center University of California, Irvine 203
Student Services I
Irvine, CA 92697-2200