

# Apply to be a Peer Educator

- o Receive training and work with licensed mental health professionals
- o Provide psychoeducational outreach services to UCI students
- o Gain practical experience valued by many graduate schools
- Qualify for Social Ecology 195 Field Study (Winter or Spring)
- o Receive 3 units of academic credit each quarter

For further information, check out the Counseling Center website: http://www.counseling.uci.edu/peer-programs/peer-educator.html

## **Application Submission Instructions:**

Please email your application to: ucipeereducators@gmail.com with the subject saying [PEER EDUCATOR APPLICATION – (NAME)]

OR submit in person to the Counseling Center at the Counseling Center

**Reception Desk:** 

SSI, Room 203

[Located across from Student Center Starbucks]

## Timeline for the selection process:

Application and Recommendation Form Deadline:
April 17, 2017 by 12pm
Group & Individual Interviews:
April 29th, 2017

**WORKING TITLE** 

**Counseling Center Peer Educator** 

**TIME COMMITMENT** 

7-10 hrs/week for the 2017-2018 academic year

Some evening/weekend hours

#### **ACADEMIC CREDIT**

#### **School of Social Ecology**

- 198 Directed Studies (Fall, Winter, Spring) 3 units, Pass/No pass
- 195 Field Study Site (Winter or Spring)

#### MANDATORY CLASS TIME Fall, Winter, Spring Quarter

Wednesday, 3-5pm

#### **ACADEMIC REQUIREMENTS**

Minimum GPA of 2.5

#### **MISSION**

As a component of the Counseling Center's Consultation and Outreach Program, the Peer Educator Program trains undergraduate students to provide psychoeducational (primary prevention) services to the UCI student body.

#### **JOB DESCRIPTION**

- Participate in weekly training/supervision sessions
- Collaborate with fellow Peers Educators to create and present interactive psychoeducational workshops to various student groups
- Meet with Counseling Center Staff to better understand Counseling
- Center services and to gain insight into potential future careers
- Assist staff with primary prevention outreach events
- Market the services of the Counseling Center and the Peer Program through flyering, tabling, poster-making, in-class announcements, and other creative outreach methods Raise funds to support the program
- Complete assignments relevant to development as both a Peer Educator and an individual
- Create a special project to improve the program for future Peer Educators.

#### **SKILLS TO BE ACQUIRED**

- Understanding the mental health needs of university students
- Workshop design and presentation skills
- Knowledge of primary prevention content areas (e.g. stress reduction)
- Understanding the role of a university counseling center
- Time management skills
- Cultural competency in interaction with a diverse community
- Communication skills and inclusive language
- Ability to recognize signs of distress and make a referral
- Leadership skills and collaboration skills
- Models of college student development

**NOTE ABOUT APPLICATION**: The recommendation forms must be completed by instructors, advisors, or supervisors from your current or previous place of employment. Recommendations from family members, friends, or students cannot be accepted. All recommendations, in order to be accepted, must clearly state the name, position, and school/business of the recommender and be sent directly to Dr. Manese in business envelopes or emailed to Dr. Manese at <a href="mailto:imanese@uci.edu">imanese@uci.edu</a>.

Recommendations delivered by the applicant cannot be accepted.

<sup>\*\*</sup>Listings are not all-inclusive.

## University of California, Irvine Counseling Center <u>Peer Educator Application</u>

Full Name:		·	
Local Address:		Permanent Address:	
Phone Number: ( )		E-Mail:	
Educational Backgroun	ıd		
School/Major:			
GPA:		Date of Graduation:	
Universities or Colleges	Attended:		
Dates	Major	Degree	
<b>Work History</b> (include p	paid and unpaid experienc	res):	
Employer	Job Description	Dates of Employment	

Optional: Please feel free to attach a resume to the application. However, the entire application must still be completed.

List relevant experiences (E.g. clubs, organizations, internships, volunteer, etc):	
List or describe relevant coursework:	
Career objective(s):	
Please list all your commitments for the 2017-2018 academic year and the time you will need to spend on each per week. Include pending positions that you are applying for. (E.g. work, clubs, internships, etc.):	
Activity 1: Hrs:	
Activity 2: Hrs:	
Activity 3: Hrs:	
Activity 4: Hrs	

Are you also applying for the Counseling Center's C.O.A.C.H. Program? Y / N If so, please indicate your first choice. (circle one)

Peer Educator Program C.O.A.C.H.
Have you attended any of our workshops? If so, which workshops?
How did you hear about the Peer Educator Program?
I have completed my application honestly and to the best of my ability.
Signature of Applicant:
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#### **COUNSELING CENTER PEER EDUCATOR SELF EVALUATION**

Application Deadline: April 17, 2017 by 12pm

Name:	
-	

1. Please evaluate yourself on the following characteristics. Keep in mind that we will be looking for evidence in your application to support your rating. Questions pertaining to your rating may be asked during the interview process.

	(needs improve	(outstanding)					
Organization skills	1	2	3	4	5	6	7
Communication skills (public speaking)	1	2	3	4	5	6	7
Ability to work as part of a team	1	2	3	4	5	6	7
Initiative	1	2	3	4	5	6	7
Follow through	1	2	3	4	5	6	7
Leadership skills	1	2	3	4	5	6	7
Maturity	1	2	3	4	5	6	7
Accepts responsibility	1	2	3	4	5	6	7
Uses good judgment	1	2	3	4	5	6	7
Creativity	1	2	3	4	5	6	7
Time Management Skills	1	2	3	4	5	6	7

- 2. Essay Statement: On a separate sheet of paper, please attach a typed essay (1-2 pages) responding to both (a) and (b).
  - a. Describe why you want to be in the Counseling Center's Peer Educator Program.
  - b. From the list of characteristics above, state which two (2) qualities you feel are most important to being a Peer Educator and describe prior experiences in which you have demonstrated these characteristics.

## UNIVERSITY OF CALIFORNIA, IRVINE COUNSELING CENTER PEER EDUCATOR PROGRAM

# Recommendation Form Deadline: April 17th, 2017 by Noon (12pm)

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Candidate's Name:		

The Counseling Center trains a small, select group of students to assist the professional staff in providing psychoeducational (primary prevention) outreach services to UCI students. It is expected that applicants will have an interest in making public presentations and in facilitating small group discussions. Students most likely to experience a sense of achievement in the program are those who manifest strong leadership and social skills, assertiveness, good judgment, creativity, initiative, follow-through, and commitment. Counseling Center Peer Educators receive training in, for example, college student development, communication skills, public speaking, group facilitation skills, workshop planning/delivery and, outreach and consultation skills.

#### 1. Please rate the Peer candidate on the following:

	(needs improvement) (outstand						(outstanding)
Organization skills	1	2	3	4	5	6	7
Communication skills (public speaking)	1	2	3	4	5	6	7
Ability to work as part of a team	1	2	3	4	5	6	7
Initiative	1	2	3	4	5	6	7
Follow through	1	2	3	4	5	6	7
Leadership skills	1	2	3	4	5	6	7
Maturity	1	2	3	4	5	6	7
Accepts responsibility	1	2	3	4	5	6	7
Uses good judgment	1	2	3	4	5	6	7
Creativity	1	2	3	4	5	6	7

2. Please describe your working relationship with the candidate:
*3. Briefly describe the candidate's strengths:
*4. Briefly describe the candidate's area(s) for growth:
5. Overall, would you:  Highly recommend this candidate  Recommend this candidate  Recommend this candidate with reservations  Not recommend this candidate  *If more convenient, please feel free to write your brief responses to
questions 3 and 4 on an attached page.
Signature of recommender:Date:
Name: Title:
Place of Employment:  Email recommendation form to Dr. Manese at jmanese@uci.edu or mail/deliver this form to:
form to:
Jeanne Manese, Ph.D. Counseling Center University of California, Irvine 203 Student Services I

Irvine, CA 92697-2200 UNIVERSITY OF CALIFORNIA, IRVINE COUNSELING CENTER

#### PEER EDUCATOR PROGRAM

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5. Overall, would you:
<ul> <li>Highly recommend this candidate</li> <li>Recommend this candidate</li> <li>Recommend this candidate with reservations</li> <li>Not recommend this candidate</li> </ul>
*If more convenient, please feel free to write your brief responses to questions 3 and 4 on an attached page.
Signature of regommendor.
Signature of recommender: Date:
Name: Title:
Place of Employment:  Email recommendation form to Dr. Manese at jmanese@uci.edu or mail/deliver this form to:
Jeanne Manese, Ph.D. Counseling Center University of California, Irvine 203 Student Services I

Student Services I Irvine, CA 92697-2200